

**Family & Youth Interventions for Substance Use**

**\*\* FREE PROVIDER TRAINING & FAMILY SUPPORT OPPORTUNITIES \*\***



**Click on a training below to view details!**

Visit [Maryland FYI](https://www.marylandfyi.org) to see the training schedule

[bit.ly/SubstanceUseTraining](https://bit.ly/SubstanceUseTraining)



### JPR's ASK Model for Cultural Responsiveness

Jordan Peer Recovery's *ASK Model* focuses on the process of delivering culturally responsive behavioral health services to families.

[Foundations of ASK – Live Training](#)

[Foundations of ASK – Self-Paced](#)

### Botvin LifeSkills Training

A research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that influence the initiation of substance use and other risky behaviors.

[Botvin LST – Provider Workshop](#)

### Screening, Brief Intervention, & Referral to Treatment (SBIRT)

*SBIRT* trainings teach providers how to screen for substance use, reinforce healthy lifestyle choices, utilize the steps of the brief intervention, and facilitate referrals to appropriate treatment.

[SBIRT Live Training](#)

[SBIRT in Schools Online Training Kognito](#)

[SBI Online Training Simulation](#)

### Motivational Enhancement Therapy/Cognitive Behavioral Therapy 5 (MET/CBT5)

Evidence-based intervention developed to help behavioral health providers conduct a brief five-session treatment intervention for adolescents engaged in cannabis misuse.

[MET/CBT5](#)

### Adolescent Community Reinforcement Approach (A-CRA)

Evidence-based behavioral intervention that seeks to reduce environmental factors that promote substance use and build resilience with pro-social behaviors.

[Adolescent Community Reinforcement Approach](#)

### Parent CRAFT

Self-paced online video course that teaches parents, caregivers, and concerned others solution-focused, practical skills and techniques needed to meet the risks of substance use.

[Parent CRAFT Self-Paced Online Training Course](#)

### Strengthening Families Program (SFP)

Group-based parenting and youth skills program that aims to promote good parenting skills and positive family relationships, reduce child and adolescent aggression and hostility, and prevent adolescent initiation of substance use.

[Strengthening Families Program \(SFP\) Family Coach Training](#)