# 35th Tuerk Conference on Mental Health & Addiction Treatment



## **Past, Present and Future**

### Plenary Speakers







Aliya Jones, MD, MBA

Exec. Medical Director of Behaviora

Health Services Luminis Health



Keri Blakinger
Staff writer, Los Angeles Time



Maia Szalavitz Neuroscience Journalist, author, **Undoing Drugs; Unbroken Brain** 

### Thursday, October 12, 2023

7:30 am to 5 pm

Sponsored by:

The National Council on Alcoholism and Drug Dependence, Maryland University of Maryland, School of Medicine, Department of Psychiatry, Division of Addiction Research and Treatment





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We are honored and grateful to the Sponsors and Patrons that make this conference possible. Please take time out of your day to visit their Virtual Booths and connect with them.

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Villa Maria Behavioral Health

Voice of Hope Maryland

#### **Program Schedule**

7:30 – 8:20 am

Morning Networking Session

Special zoom sessions to meet and greet representatives of our Platinum and Silver Sponsors. All registrants are welcome to attend. — All Sponsor Exhibit areas are open during this session.

8:20 - 9:25 am

Welcome and Plenary 1

**Rob White, LCPC,** Chairman, Director External Affairs and Business Development University of Maryland, Baltimore Department of Psychiatry



PLENARY 1: Building Recovery Capital in Individuals and Communities

**David Best, PhD,** Director, Centre for Addiction Recovery Research (CARR);

Professor of Addiction Recovery, Leeds Trinity University

Recovery capital helps us better understand the process of recovering from a substance use

Recovery capital helps us better understand the process of recovering from a substance use disorder (SUD) and determine the success of recovery and treatment interventions, improve coping strategies, and enhance an individuals' quality of life in recovery.

9:30 - 10:30 am



PLENARY 2: Improving Outcomes to Treatment for OUD in the Black Community

**Aliya Jones, MD, MBA,** Executive Medical Director of Behavioral Health Services, Luminis Health

Opioid overdose deaths have continued to increase disproportionately in the Black community in Maryland, as it has across the nation. Dr. Jones' plenary will take a critical look at more targeted approaches to slow down the rate of increase in opioid overdose deaths, thereby decreasing the growing disparity.

10:35 - 11:35 am



PLENARY 3: Corrections in Ink

Keri Blakinger, Staff writer, Los Angeles Times; author, Corrections in Ink

Her memoir, Corrections in Ink, came out in June 2022. Keri will discuss her book, which has been described as an electric and unforgettable memoir about a young woman's journey—from the ice rink, to addiction and a prison sentence, to the newsroom—emerging with a fierce determination to expose the broken system she experienced.

11:40 am -12:40 pm



PLENARY 4: Undoing Drugs - How Harm Reduction is Changing the Future of Drugs and Addiction

Maia Szalavitz, Neuroscience journalist; author, Undoing Drugs: the Untold Story of Harm Reduction and the Future of Addiction; Unbroken Brain: A Revolutionary Way of Understanding Addiction

*Undoing Drugs* is the first history of the harm reduction movement, which offers a fresh and compassionate alternative to the war on drugs. Developed and championed by an outcast group of people who use drugs, former users, researchers and public health geeks, harm reduction is a policy transformation that both saves lives and illustrates the enormous power of kindness.

12:45 – 1:35 pm

Lunch Break — Please make time to visit the sponsor "virtual" booths during your lunch break. Our sponsors are important to us for the support they give to our conference. We hope you will take the time to learn more about their programs.

Unsung Heroes Awards 200m Ceremony — Awards go to Platinum Sponsors Only. All registrants are invited to listen in.

Afternoon Workshops — Choose one Session 1 and one Session 2 Workshop found on the next three pages

1:40 - 3:00 pm

Session 1 Workshops — A, B, C, D, E and F Workshops available

3:05 - 3:35 pm

FOCUS Groups — Special networking session with Platinum Sponsors; open to all registrants.

3:40 - 5:00 pm

Session 2 Workshops — G, H, I, J, K and L Workshops available

#### Workshops (

#### Choose One

1:40 - 3:00 pm

m Session 1 Workshops (A through F)

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#### **Engaging Families in Treatment**

Marc Fishman, MD, Addiction Psychiatrist, Maryland Treatment Centers, Mountain Manor Kevin Wenzel, PhD, Clinical Psychiatrist, and Director of Research at Maryland Treatment Centers

Although addiction is often described as a "family disease," standard treatment modalities rarely actually include families. But families have unique influence and connection for our patients and can provide very impactful support, encouragement and leverage to improve outcomes. This session will highlight practical approaches to involving families in addiction treatment across the lifespan, including advantages, barriers and overcoming barriers, navigating confidentiality and communication, shared CH decision-making, and innovative models that engage concerned significant others to improve treatment adherence and retention.

В

#### **Telemental Health Updates and DEA Rules**

Eric Weintraub, MD, Professor of Psychiatry, University of Maryland School of Medicine

There is a significant shortage of psychiatrists and, in particular, addiction psychiatrists in the rural areas of Maryland. In recent years Telemedicine technology such as video conferencing has been successful in extending care to these underserved areas. This workshop will describe innovative tele-programs that are being designed and delivered in rural areas of our state. They include direct patient care to patients with substance use disorders and consultation to primary care providers that are treating these patients. Specific programs at the Wells House in Hagerstown, the Health Department in Caroline County, and programs in several rural county jails will be described.

C

#### Pink, Iso, Tranq, Purple Fentanyl, & Trash Can: The New Language of Substances of "Abuse"

**Christopher Welsh, MD,** Addiction Psychiatrist, Associate Professor, University of Maryland School of Medicine, Department of Psychiatry

Over the past few years, a number of newer substances have appeared in the illicit drug landscape, both nationally and locally. Some are similar to the more established substances; others are unique. This workshop will provide attendees with an overview of some of the newer substances of abuse, "street" terminology, what they look like, how they are used, what kinds of effects to look for and possible medical consequences of their use.

D

#### **Peer Taught Cannabis Prevention Program**

Emma Wilson, Prevention Educator, PreventEd, St. Louis, MO

PreventEd will share details on the development, implementation, and evaluation of a peer taught cannabis prevention program. This curriculum was designed to engage Junior and Seniors at a local high school to facilitate the lessons with their Freshman and Sophomore peers. In prevention efforts, the messenger is often just as important as the message. By empowering young people to be leaders, they have the ability to gain a deeper understanding of the prevention information and the lesson is better received by their peers. This curriculum is implemented in a 3-lesson series that provides up-to-date facts on the changing landscape of cannabis in MO and across the U.S. In a randomized control trial, results have recently shown that there are several outcomes with statistically significant results. The outcomes of the program will be discussed in the presentation, along with lessons learned and ongoing efforts to enhance the program.

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Joanna Franklin Workshop

This workshop was established to

honor the memory of Ms. Franklin

#### Sports Betting: Recognizing the Risks and Reducing the Harms

Lori Rugle, PhD, Professor of Psychiatry, University of Maryland School of Medicine

Sports betting has proliferating throughout the United States and into Maryland in recent years and has become a \$200 billion world-wide business. Along with bringing revenues into state governments, sports betting is also contributing to gambling addiction and harms related to gambling for individuals and families. This workshop will describe the nature and scope of sports betting and problematic sports betting. We will also explore co-occurring risk factors such as substance use disorders and impulsiveness. We will consider awareness, prevention and intervention strategies to mitigate the harms related to sports betting.

for her outstanding contributions to the field of Gambling Addiction. She was dedicated to helping the citizens of Maryland understand the problems associated with gambling addiction and had trained hundreds of clinicians throughout the state to be effective

with gambling addiction clients.

#### Making History, Saving Lives: Opening the first Overdose Prevention Centers in the United States

Kailin See, Program Director, OnPoint, NYC

An exploration and discussion of the historic first year of operation of OnPoint NYC's Overdose Prevention Centers (OPC) in East Harlem and Washington Heights in New York City. This workshop will review operational philosophy and approach, legal and political landscape, funding structure and outcomes after a full year of operations. Overdose Prevention Centers are safe places where people who use drugs can receive medical care and be connected to treatment and social services. OPC services are proven to prevent overdose deaths, and are in use in many jurisdictions around the world. OPCs are a benefit to their surrounding communities, reducing public drug use and syringe litter, and has proven to be an effective harm reduction strategy.

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#### Workshops

#### Choose One

3:05 - 3:35 pm

3:40 - 5:00 pm

G

#### Phil McKenna Institute

**Employee Assistance Professionals** Association (EAPA), Chesapeake Chapter, initiated the Phil McKenna Institute (PMI) in 2001. Established to honor the memory of Mr. McKenna, the first chapter president by bringing awareness and training to professionals who address the needs of employees and their families.



FOCUS Groups — Special networking session with Platinum Sponsors; open to all registrants.

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Session 2 Workshops (G through L)— found on this page and the following page

#### **EAPs and Employee Wellness Programs: A Good Marriage?**

Janice Zimmerman, LCSW-C, CEAP, Employee Assistance Program (EAP) Counselor

Employee well-being continues to be a much talked about issue in today's workplaces. EAPs and Employee Wellness Programs share that overall goal. This workshop will explore the history of workplace employee wellness programs and their goals. We will define and explain the differences between primary, secondary and tertiary prevention as they apply to EAPs and Employee Wellness Programs. Does it make sense for EAPs and Employee Wellness Programs to be closer linked? What is the benefit to the employee and their family members? What does the future hold? Come join us to learn, to engage and discuss.

#### Maryland Department of Health's Behavioral Health Administration's Vision for a Behavioral **Health Continuum of Care**

Alyssa Lord, Deputy Secretary, Maryland Department of Health, Behavioral Health Administration With Panelists: Stephanie Slowly; Kathleen Rebbert-Franklin; Maria Rodowski-Stanco, MD; **Darren McGregor** 

This workshop will basically outline BHA's Vision on the Continuum of Care framework for behavioral health services and provide specific highlights from each division on how their work aligns with this vision.

#### Talking about Tobacco: Modern Approaches to Nicotine Addiction

George Kolodner, MD, Clinical Professor of Psychiatry, Georgetown University School of Medicine; Tobacco Treatment Specialist, Mayo Clinic

Marc Fishman, MD, Addiction Psychiatrist, Maryland Treatment Centers, Mountain Manor Smoking-related deaths are greater than from all other SUDs combined, and tobacco use disorder (TUD) is very common among persons with other SUDs. But unfortunately, TUD is rarely addressed in standard addiction treatment, because of misconceptions that it may be "too much" at once, and a misplaced sense of futility. This workshop will explore these barriers to treatment of TUD and approaches to overcoming them, including: evidence for addressing TUD during treatment for other SUDs, updates on the latest developments in TUD medication treatment, introduction to and early experience with "Talking About Tobacco" a novel motivational intervention for TUD in inpatient SUD settings.

#### Cannabis Legalization in the States

Raimee Eck, PhD, MPH, MPAS, CPH, Johns Hopkins Bloomberg School of Public Health

Employers have been grappling with confusing cannabis laws for years — and the rules are getting tougher to navigate as more states add employment guidelines for cannabis users. Increased access to cannabis results in increased use and increased risk especially for safety sensitive employees. The number of safety sensitive employees testing positive continues to climb and CBD throws another wrench in the employment picture. We will look at cannabis and CBD through the lens of the workplace and the challenges employers and employees are facing throughout the United States.

#### Motivational Enhancement Therapy and CBT for Adolescent Cannabis Users

Melissa Grady Ambrose, LCSW-C, University of Maryland School of Medicine, Dept. of Psychiatry, Project Director and Training Director for Substance Use Initiatives

Kristina Floyd, LCSW-C, Lead Counselor and Clinical Trainer;

Sylvia McCree-Huntley, EdD, Project Coordinator, Strengthening Families Program

This presentation will present an overview of Motivational Enhancement Therapy/Cognitive Behavioral Therapy: 5 Sessions (MET/CBT5), an evidence-based intervention developed to treat adolescents engaged in cannabis use. MET/CBT5 combines motivational enhancement therapy and cognitive behavioral therapy in a brief, five-session treatment intervention. The first two sessions utilize Motivational Enhancement Therapy (MET) in individual sessions to focus on factors that motivate clients to change and to help each client identify the client's own specific reasons for considering change. The following three sessions are delivered in a group format, using Cognitive Behavioral Therapy to help clients learn skills to cope with problems and meet their needs in ways that do not involve turning to marijuana or alcohol. Developmental and cultural considerations for this intervention will be discussed.

#### Workshops

#### Choose One



Know Your Rights: New Insurance Protections to Improve Access to Substance Use Disorder and Mental Health Care and Creating a Consumer Assistance Program to Get the Services You Need

**Ellen Weber, JD,** Sr. VP for Health Initiatives, Legal Action Center

Deborah Steinberg, JD, Senior Policy Attorney, Legal Action Center

This presentation will highlight the important consumer protections in Maryland that entitle you and your family to get timely and affordable access to substance use disorder and mental health treatment and a new proposal that will help Marylanders enforce those rights. The session will identify new legal protections, including increased enforcement of the Mental Health Parity and Addiction Equity Act, restrictions against balance billing, and network adequacy standards in commercial insurance. Because these laws are complicated and hard for an individual to enforce, we will also explore a program proposal to establish a consumer assistance program to help Marylanders understand their insurance coverage for substance use disorder and mental health care and resolve insurance-related problems. Your feedback during this interactive session will be used to create the right program structure and support our advocacy

**Total Contact Hours:** 6 hours and 10 minutes

#### **Purpose and Objectives**

The purpose of the conference is to increase the participant's understanding of current issues in the field of mental health and substance use disorders. This includes drug treatment practices; policy developments in harm reduction, the legalization of Cannabis, the latest drugs of abuse on the street, updates sports betting and problem gambling and improving outcomes to treatment in the black community.

The Annual Tuerk Conference continues to be the premier conference in the region for providers, administrators, counselors and advocates to learn the latest information on events and changes that will affect them. It is vitally important for professionals in this field to stay informed about these changes and their impact on patient care.

Other topics that will be covered include engaging families in treatment, prevention with teens, nicotine addiction, overdose prevention sites, and building recovery capital in individuals.

#### *Upon Completion you will be able to:*

- Describe the history of harm reduction policies in the US and other countries.
- Explain the importance of decriminalizing drug use.
- 3 Identify resources in Maryland for mental health and addiction treatment.
- 4 Describe the status of Cannabis legalization in Maryland.
- 5 Explain the need for culturally sensitive programs for the black community.
- 6 Describe the prevention activities for teens.
- **7** Explain the impact of mobile sports gambling on the issue of problem gambling.

#### **Faculty**

#### Melissa Grady Ambrose, LCSW-C

received her MSW from Virginia Commonwealth University and has over 20 years of direct clinical and supervisory experience working with children and families. For fourteen years Ms. Ambrose provided school-based mental health services through the University of Maryland School Mental Health Program working with students in grades K-12. She specialized in working with high-risk youth, including youth with substance use concerns. Melissa currently serves as the Training Director for Substance Use Initiatives at the NCSMH, and Project Director for Maryland Family and Youth Interventions for Substance Use (Maryland FYI). Ms. Ambrose is the Maryland state trainer for the Adolescent Community Reinforcement Approach (A-CRA), an evidencebased program to treat adolescent substance use, as well as a trainer for Screening, Brief Intervention & Referral to Treatment (SBIRT).

#### David Best, PhD

is the world's first Professor of Addiction Recovery. He has moved to Leeds Trinity University from Derby University, where he undertook research around addiction recovery and desistance from crime, to become the world's 1st Professor of Addiction Recovery. He has an undergraduate degree in psychology with philosophy, a Master's degree in criminology and a PhD in the psychology of addictions.

#### Keri Blakinger

is a staff writer at the Los Angeles Times who covers the sheriff's department and local jails. She previously covered incarceration and capital punishment for The Marshall Project, after several years spent covering criminal justice for the Houston Chronicle. Her work has appeared in the Washington Post Magazine, VICE, the New York Daily News and The New York Times.

#### Raimee Heyer Eck, PhD, MPH, MPAS, CPH

has over 20 years of clinical and public health training and experience, focusing on the epidemiology of substance misuse and harm and translating research into effective policy. Recently she led the statewide Alcohol, Tobacco & Cannabis Network, comprised of researchers, legal experts, and community coalitions, in their efforts to advocate for science-based policies in legalizing non-medical cannabis in Maryland. Raimee received her Bachelor of Health Science and Master of Physician Assistant Studies from Duquesne University in Pittsburgh, PA and her MPH and PhD from the Johns Hopkins Bloomberg School of Public Health.

#### Marc Fishman, MD

is an addiction psychiatrist, and leads Maryland Treatment Centers / Mountain Manor, a regional behavioral healthcare provider, which offers programs for residential and outpatient SUD and co-occurring treatment for youth and adults. He is a member of the psychiatry faculty at Johns Hopkins University School of Medicine. His academic and research work has focused on addiction pharmacotherapy; models of care for youth, particularly with OUD; and treatment placement and matching strategies.

Dr. Fishman served as a co-editor for the most recent editions of the ASAM Criteria for the Treatment of Substance-Related Disorders. He served as a past President of the Maryland Society of Addiction Medicine, and is a current member of its Board.

#### Kristina Floyd, LCSW-C

currently serves as the Project Coordinator for the Maryland Behavioral Health Administration's Federal Traumatic Brain Injury Partner Grant. In this capacity she provides coordination of Project initiatives including; training on the topics of brain injury, person centered thinking and planning to professionals who work in the fields of aging, mental health and addiction (with a focus on the link between addiction and brain injury) and law enforcement. Ms. Edmonston has worked in the field of rehabilitation services for individuals impacted by brain injury for over 30 years in both inpatient and outpatient services, as a case manager, program coordinator, advocate and vocational rehabilitation counselor. She obtained her MS in Rehabilitation Counseling from Boston University and is a Certified Rehabilitation Counselor. She earned a post graduate certificate in Instructional Systems Development from the University of Maryland, Baltimore County in 2014.

#### Aliya Jones, MD, MBA

Dr. Jones recently chaired the Racial Disparities in Overdose Task Force for the State of Maryland Interagency Heroin and Opioid Coordinating Council. The task force was composed of state government representatives, non-profit organizations, and various advocacy groups. The Task Force was charged with identifying programs and policies that would eliminate the growing disparity in opioid deaths among the Black community.

#### George Kolodner, MD

has been working to improve access to effective treatment for people with alcohol and drug problems since 1973, when he established the first outpatient addiction rehabilitation treatment program. That model, now called "intensive outpatient" or "IOP," has become a cornerstone of current addiction treatment in this country. Now extending this work with a focus on addiction to nicotine, he has designed an innovative treatment program that builds on traditional methods of addressing other addictive substances. Dr. Kolodner has been active in professional organizations and was recently appointed the Chair of the Nicotine and Tobacco Special Interest Group of the American Society of Addiction Medicine. He is also a Clinical Professor of Psychiatry at both Georgetown University and University of Maryland Schools of Medicine.

#### Alyssa Lord

Alyssa Lord is the Deputy Secretary for Behavioral Health at the Maryland Department of Health (MDH). She brings more than 20 years of experience in community and population health. Ms. Lord has focused her efforts on working collaboratively across local, city, state, and federal entities to improve the health outcomes across the lifespan.

#### Sylvia McCree-Huntley, EdD

is the Project Coordinator of the Strengthening Families Program and also serves as the Director of Professional Development and Training at the Maryland Family & Youth Interventions for Substance Use, National Center for School Mental Health, Division of Child and Adolescent Psychiatry, University Maryland School of Medicine, Department of Psychiatry.

#### Faculty

#### Lori Rugle, PhD, ICGC-II/BACC, ICGD

Dr. Rugle brings 39 years of experience in the field of problem and responsible gambling including treatment, prevention, research and responsible gambling work. She has managed problem gambling programs within the Veterans Administration, in the private sector and within state systems. She has provided consultation and training on gambling disorder throughout the United States, for the military and internationally. She is currently Associate Professor at the University of Maryland and Special Projects Coordinator with the Maryland Center of Excellence on Problem Gambling after previously serving as the Center's Director for several years.

#### **Kailin See**

is the Senior Director of Programs for OnPoint NYC. She was the program and development lead for the historic opening of the first two sanctioned overdose prevention centers in the United States.

#### **Maia Szalavitz**

is the author, most recently, of *Undoing Drugs: The Untold Story of Harm Reduction and the Future of Addiction.* Her previous New York Times bestseller, *Unbroken Brain: A Revolutionary New Way of Understanding Addiction* wove together neuroscience and social science with her personal experience of heroin addiction. It won the 2018 media award from the National Institute on Drug Abuse.

#### Deborah Steinberg, JD

is a Senior Health Policy Attorney at the Legal Action Center (LAC), where she advocates for state and federal policies to expand access to comprehensive and equitable substance use disorder and mental health care. Deborah works on LAC's Parity for All campaign, where she helps eliminate discriminatory barriers to treatment in Medicaid and private insurance and assists states in improving their enforcement of the Mental Health Parity and Addiction Equity Act. She also co-leads the Medicare Addiction Parity Project, an initiative to expand Medicare's coverage of substance use disorder treatment and apply the Parity Act to Medicare. Prior to joining LAC, Deborah worked at Health Law Advocates and the Massachusetts Health Policy Commission. She earned her B.A. in Psychology from Vassar College and her JD from Georgetown University Law Center.

#### Ellen Weber, JD

is the Sr. Vice President for Health Initiative at the Legal Action Center, a law and policy organization whose mission is to fight discrimination, build health equity and restore opportunity for people with substance use disorders, arrest and conviction records, and HIV or AIDS. Ms. Weber leads the Center's efforts to expand access to comprehensive and equitable substance use treatment at both the state and federal levels and initiatives to enforce the Mental Health Parity and Addiction Equity Act in all payer systems. In Maryland, she convenes the Maryland Parity Coalition. Ms. Weber held an appointment as Professor of Law at the University of Maryland Carey School of Law from 2002-2017 where she directed the Drug Policy and Public Health Strategies Clinic. She has published in the areas of disability rights, enforcement of the Parity Act, integration of substance use disorder care in general medical settings, and access to treatment for women. Ms. Weber started her career as a Voting Rights attorney in the Civil Rights Division of the U.S. Department of Justice. She received her law degree from the New York University School of Law.

#### Eric Weintraub, MD

is a Professor at the University of Maryland School of Medicine and Medical System, Department of Psychiatry. He serves as the Medical Director of the Alcohol and Drug Abuse Program (ADAP), the University of Maryland Medical Center's (UMMC) Psychiatric Emergency Services (PES), and UMMC's Psychiatric Admission and Referral Center (PARC).

#### Christopher Welsh, MD

Dr. Welsh's main area of clinical work is in the areas of addiction. He works in various in- and out-patient settings, including methadone and buprenorphine maintenance. He also has an interest in the medical complications of addiction and is the medical director of the University of Maryland Medical Center (UMMC) Substance Abuse Consultation Service, which is responsible for substance abuse assessment and intervention with patients throughout the UMMC. He also works with the Baltimore City Department of Health and the State DHMH on needle-exchange, opioid overdose prevention, substance use in pregnancy, and other harm reduction initiatives. He is also involved with training of healthcare professionals in various addiction-related areas. He is also the Medical Director of the State Center of Excellence on Problem Gambling.

#### Kevin Wentzel, PhD

is a clinical psychologist and the director of research at Maryland Treatment Centers. There, he oversees a portfolio of clinical research related to substance use disorder. Dr. Wenzel has served as a principal or co-investigator on a number of NIH-funded clinical trials related to the treatment of opioid use disorder with a special focus on initiation and retention on relapse prevention medications. In addition to his primary research endeavors, he oversees a clinical training program for psychology students at MTC and provides regular trainings for clinical staff.

#### **Emma Wilson**

completed her Bachelor's Degree in Psychology from the University of Missouri- Columbia in December 2021. Through the same institution, Emma is currently pursuing a Master's in Public Health. As a student, she became interested in the opioid crisis, and this interest spread into substance use prevention. In January of 2022, Emma entered the field and began working for PreventEd as a Prevention Educator; she has spent the last year in St. Louis area schools educating students of all ages.

#### Janice Zimmerman, LCSW-C, CEAP

Janice is a clinical social worker and EAP professional by education and work experience. Her career includes 20+ years in the EAP field, most recently as the EAP counselor for Baltimore County Public Schools and 17 years in child welfare (social services) agencies. Add to that some time in home health, March of Dimes, and a food bank. Her work has taken her from Pennsylvania to Virginia Beach/Norfolk Virginia and finally to Baltimore County Maryland. She continues her work in the EAP field by providing a variety of mental health and wellness trainings to employees of companies throughout the United States.

#### **CEUs**

Participants will receive six (6) CEUs for Virtual LIVE (not recorded) attendance for the following disciplines: Certified Addiction Counselors, EAPs, Social Workers, Professional Counselors, Peer Recovery Specialists, and Psychologists. Clear instructions will be provided on conference website to access your 6 CEUs and certificate. You must complete the surveys after each session you attend in order to receive. No recordings of the conference will be offered. CEUs are for LIVE attendance only.

#### American with Disabilities Act

All sessions will be offered with Closed Captions to accommodate those with special needs.

#### **Board Members**









Jennifer Dorsey



Kevin Amado

Jared Rosen

Robert White







#### **Faculty Disclosure**

Alliance between a speaker and (1) the manufacturer(s) of any commercial product(s) and/or providers of commercial services discussed in an educational presentation or (2) any commercial supporters of the activity must be disclosed to the audience to determine whether the speaker's interests or relationships may influence the presentation with regard to exposition or conclusion.

#### **CME Credits**

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Maryland School of Medicine and the National Council on Alcoholism and Drug Dependence, Maryland. The University of Maryland School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation:** The University of Maryland School of Medicine designates this Live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Clear instructions will be provided on conference website to access CME credits.

### Planning Committee

Robert White, LCPC

Chairman, Director of External Affairs and Business Development University of Maryland, Baltimore Department of Psychiatry

Laura J. Adler, BSN, RN, CARN Director of Nursing, Hope House Treatment Center

Carol Boyer, DSW, LCSW-C Chief Strategy and Engagement Officer Hope House Treatment Centers

Gina Cook, LMSW **UMMC EAP** 

Claire Fultz, DSW, LCSW-C Director, Mental Health Jewish Community Services

Amy Johnson, AA **UMMS EAP** 

George Kolodner, MD Georgetown University School of Medicine

Gerald E. Marti, MD, PhD **MDSAM** 

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