



Worried about your drinking?

Do you want to stop drinking but can't quite entirely or have little control over the amount you drink?

If you think you have a problem with alcohol, Alcoholics Anonymous is here to help.

Call our 24-hour hotline or send a message anonymously through our website.

An A.A. member is available to answer any questions you might have.

Only you can decide if you are an alcoholic.

Alcoholics Anonymous

410-663-1922 / www.baltimoreaa.org

There are nearly 700 meetings in the Baltimore Metropolitan Area each week, including:

- Step, Discussion & Newcomers meetings
 - Women's meetings
 - Men's meetings
 - LGBTQ meetings
- Spanish-speaking meetings
- Young People's meetings



Baltimore Intergroup Council of Alcoholics Anonymous

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