



Mental Health and Substance Use Support Resources



Get Help Now

CALL 988 Helpline

Need immediate emotional support for yourself or someone else? Call 988 to connect to a counselor who can help. Our specialists provide confidential care 24/7. **Because we all need help sometimes.**



Walk-In Support
FOR SUBSTANCE USE

WE'RE HERE TO HELP
CALL 988

Maryland's Crisis Stabilization Center

Walk-in recovery support services offered 24/7. No insurance required. Call (443) 438-3509 to learn more, or visit us at 2700 Raynor Ave, Baltimore, MD 21216.

 **CALL**
988
We're here to help
www.bhsbaltimore.org

 **Behavioral Health System**
Baltimore



BALTIMORE'S WELLNESS & RECOVERY CENTERS OFFER A SAFE PLACE TO BE, HARM REDUCTION SERVICES, PEER SUPPORT AND CONNECTION TO TREATMENT, EMPLOYMENT RESOURCES AND OTHER SOCIAL SERVICES.



Recovery Centers DIRECTORY

1. Charm City Care Connection

Address: 1214 N. Wolfe St

Phone: (443) 478-3015

Hours: M-Th • 10am-12pm, 12:30pm-3:30pm

2. Hearts and Ears

Address: 611 Park Ave, Suite A

Phone: (410) 523-1694

Hours: W-Sat • 12pm-8pm

3. Helping Other People Through Empowerment (HOPE)

Address: 2828 Loch Raven Rd

Phone: (410) 327-5830

Hours: Everyday • 8am-4:30pm

4. On Our Own, Inc

HARFORD ROAD LOCATION

Address: 6301 Harford Rd

Phone: (410) 444 4500

Hours: M & Sat: 2-7pm • W & F: 3-8pm • Th: 11am-4pm

CHARLES VILLAGE CENTER LOCATION

Address: 2225 N Charles St

Phone: (443) 610 5956

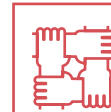
Hours: T, Th • 12pm-4 pm

5. Penn North

Address: 2410 Pennsylvania Ave, Suite 200

Phone: (410) 728-2080

Hours: M-F: 8am-8pm • Sat/Sun: Call for schedule



Family & Peer Support

NAMI Metro Baltimore

Support for individuals living with mental illness and their loved ones. www.namibaltimore.org • (410) 435.2600

Maryland Coalition of Families Peer Support Services:

To connect with a Family Peer Support Specialist call, (410) 730-8267, press 1 • www.mdcoalition.org

Mental Health Support in Schools:

All Baltimore Public Schools offer free mental health support for students. Ask your school administrator or visit: www.bhsbaltimore.org/find-help/youth-and-families/ (scroll down to Expanded School Behavioral Health).



Recursos de apoyo para tratamientos de salud mental y por consumo de sustancias



Consiga ayuda ahora

LLAME a la línea de ayuda 988

¿Necesita apoyo emocional inmediato para usted o para otra persona? Llame al 988 para conectarse con un consejero que pueda ayudar. Nuestros especialistas dan atención confidencial 24/7. **Porque todos necesitamos ayuda alguna vez.**



Apoyo sin cita previa
POR CONSUMO DE SUSTANCIAS

Centro de Estabilización de Crisis de

Los servicios de apoyo para la recuperación del Maryland Crisis Stabilization Center se ofrecen 24/7 sin cita previa. No se necesita seguro. Llame al (443) 438-3509 para obtener más información o visítenos en 2700 Raynor Ave, Baltimore, MD 21216.

ESTAMOS AQUÍ PARA AYUDAR
CALL 988

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Más recursos

HAY MUCHOS PROVEEDORES DE TRATAMIENTOS DE SALUD MENTAL Y POR CONSUMO DE SUSTANCIAS EN BALTIMORE QUE DAN ATENCIÓN CULTURALMENTE COMPETENTE EN ESPAÑOL. TODAS LAS CLÍNICAS LISTADAS EN ESTE FOLLETO OFRECEN SERVICIOS EN ESPAÑOL PARA GARANTIZAR QUE RECIBA ATENCIÓN EN SU IDIOMA.

1. Charm City Care Connection

1214 N. Wolfe St

Teléfono: (443) 478-3015

Horario: M-Th • 10am-12pm, 12:30pm-3:30pm

2. Johns Hopkins Hispanic Clinic

600 North Wolfe Street, Baltimore, MD 21287

Teléfono: (410) 955-2365

Horario: M-Th • 8:30am-4:30pm

3. Health Care for the Homeless

DOWNTOWN BALTIMORE:

421 Fallsway, Baltimore, MD 21202

Teléfono: (410) 837-5533

Horario: M, T, W, F: 7am-5pm • Th: 7am-12pm

WEST BALTIMORE:

2000 W Baltimore St., Suite 3300, Baltimore, MD 21223

Teléfono (443) 703-1400

Horario: M, T, W, F: 8am-4:30pm • Th: 8am-12pm

4. Esperanza Center

430 S Broadway, Baltimore, MD 21213

Teléfono: (667) 600-2900

Horario: M-F: 9am-4:30pm

5. Asylee Women Enterprise

4500 Frankford Ave, Baltimore, MD 21206-5106

Teléfono: (443) 850-0627

Horario: Call to access services

5. REACH Health Services

2104 Maryland Avenue, Baltimore, MD 21218

Teléfono: (443) 752-6616

Horario: 5:30am-4pm

Encontrará más información y recursos en la Oficina de Asuntos del Inmigrante de la Alcaldía (Mayor's Office of Immigrant Affairs): <https://mima.baltimorecity.gov/>

